

Please mark True or False for each question.

	<u>True</u>	<u>False</u>
1. I have enough energy to do all I want to do in my life.	<input type="checkbox"/>	<input type="checkbox"/>
2. My finances enable me to live the life I want today and into my retirement.	<input type="checkbox"/>	<input type="checkbox"/>
3. My week is filled with new and challenging activities that cause me to grow.	<input type="checkbox"/>	<input type="checkbox"/>
4. Those closest to me would describe me as having a positive attitude.	<input type="checkbox"/>	<input type="checkbox"/>
5. I have many activities in my life that are just plain fun to do.	<input type="checkbox"/>	<input type="checkbox"/>
6. I could easily tell my loved ones what is important to me and what my purpose in life is.	<input type="checkbox"/>	<input type="checkbox"/>
7. I can easily handle change-in particular unexpected events that happen in my life.	<input type="checkbox"/>	<input type="checkbox"/>
8. I have many close friends who I can lean on and who can count on me.	<input type="checkbox"/>	<input type="checkbox"/>
9. I am routinely engaged in doing things for others.	<input type="checkbox"/>	<input type="checkbox"/>
10. My partner and I have discussed and we are aligned on the plan for our future.	<input type="checkbox"/>	<input type="checkbox"/>

My Score—Number Correct

/ 10

If you marked “False” for any statement, *Your Retirement Quest* can help provide answers and guide you towards living a more fulfilling life; now and into your future of retirement.